

**SPA SERVICE OPTIONS**

<b>BODY EXPERIENCE</b>	Mins	Price
Intuitive Herbal Oil	30 (Back)	3,500
	60 (Full Body)	5,000
Deep Tissue	60 (Full Body)	6,000
	90 (Full Body)	8,000
Soul of Africa Body ( <i>Conditioning Massage</i> )	90 (Full Body)	7,000
Shaman's Healing Journey	90 (Full Body)	7,000
Africology Shea Aroma therapeutics	45 (Back)	4,000
	75 (Full Body)	6,000
Intonga Amasatchi	75 (Full Body)	6,000
SAKINA Aqua Salt Stone Massage	65 (Full Body)	6,000
	90 (Body & Face)	7,000
<b>BODY RITUALS</b>		
SAKINA Scrub	45	3,500
SAKINA Sunburn Soother	60	4,000
Hyposis Body Experience	120	9,400
Slimming Detox Body Wrap ( <i>Not suitable for pregnant women</i> )	75	6,000
	120 (Full Body)	9,400
Coffee and Mint Body Wrap ( <i>Suitable for pregnant women &amp; clients with high blood pressure</i> )	120	9,400
<b>FACIAL EXPERIENCE</b>		
Africology Express Facial	45	4,000
Aloe Ferox Firming Facial	75	5,500
Antioxidant Rejuvenating Facial	75	5,500
African Goddess Facial	90	6,500
Africology Deep Cleanse Facial	60	5,200
Africology Bespoke Facial	80	6,000
<b>HAIR, SCALP &amp; FEET</b>		
Jet-lag Revival	45	3,500
De-stress and Repair Hair Treatment	30	3,000
SAKINA Hand & Foot Massage	30 (Feet)	3,500
	45 (Hands & Feet)	4,000
<b>WAXING</b>		
Half Leg/Bikini/Back/Chest	30	1,500
Full Leg/Brazilian	45	2,000
Underarm/Eyebrow/Facial/Forearm	15	1,000
<b>EYE ENHANCE</b>		
Eyelash Tint	15	1,000
Eyebrow Tint	15	1,000
Combined Eyebrow & Eyelash Tint	30	1,600

**SPA SERVICE OPTIONS**

<b>EYE ENHANCE</b>		
Eyelash Tint	15	1,000
Eyebrow Tint	15	1,000
Combined Eyebrow & Eyelash Tint	15	1,600
<b>MANICURES &amp; PEDICURES</b>		
Hydrating Spa Manicure	60	2,000
Salt Stone Pedicure	75	2,500
Detoxifying Intonga Pedicure	75	2,500
Africology Express Manicure or Pedicure	30	1,700
<b>CHILDREN'S TREATMENTS (8 Years and Below)</b>		
Honey Bee after Sun Cocoon ( <i>No more sting</i> ) (Face)	15	800
Honey Bee after Sun Cocoon ( <i>No more sting</i> ) (Full Body)	20	1,000
Choco Boo ( <i>Hands and feet treatment</i> )	30	1,500
Coconut Cocoon ( <i>Relaxing body massage</i> )	45	1,500
Sleepy Feet ( <i>For over-active children</i> )	20	1,100
Little Bee Facial	20	2,000
Fairy Stone Massage	45	2,000
<b>OPTIONAL EXTRAS</b>		
Holistic Bespoke	60	5,000
(Combination of Intonga, Hot Stone & Extended Hand Massage)	75	6,000
	90	7,000
Pampering Pedicure	60	2,200
Soak off - Acrylic / Gel		1,700
Soak off Gel		800
Gentleman's Bespoke Facial	60	5,200
Eye brow Tweezing		750
Barefoot Bliss ( <i>Reflexology</i> )	45	3,200
Pre/Post Natal ( <i>Mommy Devotion</i> )	60	5,000

\*Packages do not include meals

\*Service and prices are subject to change without notice

## FULL & HALF DAY SPA PACKAGES

We invite you to relax and enjoy a day at Sakina Ocean Spa, where you can escape the cares of everyday life with inspired treatments for your mind, body and soul. The relaxed luxury of this roof top spa with cooling sea breezes from the Indian Ocean is the ideal setting for you to enjoy our exclusive treatments for well-being and beauty. This unique experience, set high above the palm trees, features an open-air spa pool and it's the perfect place to relax with friends and family: enjoy manicure and pedicure treatments, whilst sipping a refreshing fruit cocktail or healthy juice boosters.

Your day starts with welcome drinks on arrival, followed by bespoke spa treatments, which feature holistic and timeless rituals designed to nourish, detoxify and regenerate. Replenish your energy with lunch or a light lunch under the shady trees of the Coffee Garden or at Amandina Restaurant. After there is time to relax and 'feel the breeze' on the spa roof terrace. Your afternoon treatments help to complete your perfect day of pampering.

### SAKINA OCEAN SPA - FULL DAY EXPERIENCE

A full day of complete pampering with a choice of tailored treatments include:

- Sakina Body Ritual: full body exfoliation, wrap, massage
- Africology facial experience
- Manicure or Pedicure or Foot Massage

Package price per person KSH 15,000

### SAKINA OCEAN SPA - HALF DAY PAMPERING

A half-day pampering with a choice of tailored treatments includes:

- Full body massage
- Sakina signature facial

Package price per person KSH 10,000

### All the Day Spa Packages include:

- Relaxing bubbles in our open-air spa plunge pool
- Robes, towels and slippers are all provided whilst in the spa
- Herbal tea, ice tea or refreshing water in our roof top relaxation area

### Available on request:

- Babysitting & Nemo's Cave Kids Club
- Exclusive & Romantic Couple Spa Service
- Special Event & Spa Private Party
- Gift Vouchers & Wellness Packages

Kindly feel free to contact us to create your personal package  
Also see our full list of Sakina Ocean Spa treatments

## PRICE LIST - VALID FROM 1<sup>ST</sup> JANUARY 2018

### AFRICOLOGY

Africology can be considered as the leading natural, eco-friendly and holistic skincare company in Africa, with its success spanning across international borders such as the USA, Europe and Britain.

Therapeutic in its approach, Africology only uses all-natural ingredients that are bio-identical to your biology; effectively enhancing the integrity of your skin whilst simultaneously preventing premature aging.

Our product formulations and spa treatment offerings are inspired by the wisdom of Africa's traditional healers and celebrate Africa's vibrant heritage, communities and plant life. Our aim is always to ensure that the body and biology are treated in harmony whilst enjoying a truly authentic African offering.

### 100% Natural & Holistic Skincare, Eco & Vegan Friendly Products

Give us a call and book your day to relax at our beautiful spa!

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### SPA ETIQUETTE

*We kindly ask you to arrive at least 10 minutes prior to your appointment. Arriving late will unfortunately limit the time allotted for your treatment; It will lessen the effectiveness and more importantly your pleasure and enjoyment. As a courtesy to all our clients, all treatments are completed as scheduled. Full charge for the service will apply. Please contact the spa or reception if you are not able to make your appointment. A cancellation notice of 24 hours is required to re-schedule, subject to availability. Any cancellation with less than 4 hours' notice will incur a 50% cancellation fee. No shows will be charged 100%, which will be added to your bill.*

### OPEN 10AM TO 7PM DAILY

SAKINA OCEAN SPA at MEDINA PALMS - WATAMU  
Sakina Ocean Spa +254 708 577283 Medina Palms + 254 710 571515  
sakinaoceanspa@medinapalms.com [www.medinapalms.com](http://www.medinapalms.com)

## **TAILOR MADE PACKAGES**

### **BIRTHDAY PACKAGE**

Package includes:

- Africology shea aroma therapeutics massage
- Foot massage
- Express manicure and Pedicure
- Glass of sparkling wine or a glass of non-alcoholic special cocktail
- Robes, towels, slippers, water and ice tea are provided whilst at the spa

Package price per person: Ksh. 12,500 | Time: 2hrs 5min

### **HAPPILY, EVER AFTER PACKAGE (HONEYMOONERS/ANNIVERSARY)**

Package includes:

- Sakina scrub
- Intuitive herbal oil massage
- Africology deep cleanse facial
- Glass of sparkling wine or a glass of non-alcoholic special cocktail
- Robes, towels, slippers, water and ice tea are provided whilst at the spa

Package price per person: Ksh. 12,200 | Time: 1hr 30min

### **CORPORATE EVENT PACKAGE**

Package includes:

- Intuitive herbal oil massage
- Foot massage

Package price per person: Ksh. 8,200 | Time: 1hr 30min

### **BABY SHOWER PACKAGE**

Package includes:

- Mommy devotion massage
- Express pedicure
- Glass of revitalizing energy booster special drink
- Robes, towels, slippers, water and ice tea are all provided whilst on spa

Package price per person: Ksh. 6,300 | Time: 1hr 30min

### **BRIDAL SHOWER**

Package includes:

- Sakina scrub
- Shamans healing journey
- Africology deep cleanse
- Choice of alcoholic special drink (for the bride to be)
- Robes, towels, slippers, water and ice tea are provided whilst at the spa

Package price per person: Ksh. 15,000 | Time: 3hrs 15min

### **GRADUATION PACKAGE**

Package includes:

- Hyposis body experience
- Express facial
- Glass of bubbly
- Robes, towels, slippers, water and ice tea are provided whilst at the spa

Package price per person: Ksh. 13,000 | Time: 2hrs 45min

### **TEAM BUILDING**

Package includes:

- Intuitive herbal oil massage
- Foot massage
- Robes, towels, slippers, water and ice tea are provided whilst at the spa

Package price per person: Ksh. 8,200 | Time: 1hr 45min

### **HOLIDAYS PARTIES PACKAGES**

Package includes:

- Sakina scrub
- Holistic bespoke massage
- Antioxidant rejuvenating facial
- Robes, towels, slippers, water and ice tea are provided whilst at the spa

Package price per person: Ksh. 14,600 | Time: 3hrs 15min