



## FULL & HALF DAY SPA PACKAGES

We invite you to relax and enjoy a day at Sakina Ocean Spa, where you can escape the cares of everyday life with inspired treatments for your mind, body and soul. The relaxed luxury of this roof top spa with cooling sea breezes from the Indian Ocean is the ideal setting for you to enjoy our exclusive treatments for well-being and beauty. This unique experience, set high above the palm trees, features an open-air spa pool and it's the perfect place to relax with friends and family: enjoy manicure and pedicure treatments, whilst sipping a refreshing fruit cocktail or healthy juice boosters.

Your day starts with welcome drinks on arrival, followed by bespoke spa treatments, which feature holistic and timeless rituals designed to nourish, detoxify and regenerate. Replenish your energy with lunch or a light lunch under the shady trees of the Coffee Garden or at Amandina Restaurant. After there is time to relax and 'feel the breeze' on the spa roof terrace. Your afternoon treatments help to complete your perfect day of pampering.

### SAKINA OCEAN SPA - FULL DAY EXPERIENCE

- A full day of complete pampering with a choice of tailored treatments include:
- Sakina Body Ritual: full body exfoliation, wrap, massage
- Africology facial experience
- Manicure or Pedicure or Foot Massage

Package price per person Ksh. 20,000

### SAKINA OCEAN SPA - HALF DAY PAMPERING

- A half-day pampering with a choice of tailored treatments includes:
- Full body massage
- Sakina signature facial
- Express Manicure/Pedicure

Package price per person KSH 14,000

All the Day Spa Packages include:

- Relaxing bubbles in our open-air spa plunge pool
- Robes, towels and slippers are all provided whilst in the spa
- Herbal tea, ice tea or refreshing water in our roof top relaxation area

Available on request:

- Babysitting & Nemo's Cave Kids Club
- Exclusive & Romantic Couple Spa Service
- Special Event & Spa Private Party
- Gift Vouchers & Wellness Packages

*Kindly feel free to contact us to create your personal package*

*Also see our full list of Sakina Ocean Spa treatments*



## PRICE LIST - VALID FROM 1<sup>st</sup> JUNE 2024

### AFRICOLOGY

Africology can be considered as the leading natural, eco-friendly and holistic skincare company in Africa, with its success spanning across international borders such as the USA, Europe and Britain.

Therapeutic in its approach, Africology only uses all-natural ingredients that are bio-identical to your biology; effectively enhancing the integrity of your skin whilst simultaneously preventing premature aging.

Our product formulations and spa treatment offerings are inspired by the wisdom of Africa's traditional healers and celebrate Africa's vibrant heritage, communities and plant life. Our aim is always to ensure that the body and biology are treated in harmony whilst enjoying a truly authentic African offering.

100% Natural & Holistic Skincare, Eco & Vegan Friendly Products

Give us a call and book your day to relax at our beautiful spa!

### SPA ETIQUETTE

We kindly ask you to arrive at least 10 minutes prior to your appointment. Arriving late will unfortunately limit the time allocated for your treatment; It will lessen the effectiveness and more importantly your pleasure and enjoyment. As a courtesy to all our clients, all treatments are completed as scheduled.

Full charge for the service will apply.

Please contact the spa or reception if you are not able to make your appointment.

A cancellation notice of 24 hours is required to re-schedule, subject to availability. Any cancellation with less than 4 hours' notice will incur a 50% cancellation fee.

No shows will be charged 100%, which will be added to your bill.

OPEN 8AM TO 7PM DAILY

SAKINA OCEAN SPA at MEDINA PALMS - WATAMU

Sakina Ocean Spa +254 708 577283 | Medina Palms + 254 710 571515

sakinaoceanspa@medinapalms.com | www.medinapalms.com

### SPA SERVICE OPTIONS

BODY EXPERIENCE	Mins	Price
Intuitive Herbal Oil	30 (Upper/Lower Back)	4,000
	60 (Full Body)	6,000
	90 (Full Body)	7,500
Deep Tissue	30 (Upper/Lower Back)	4,500
	60 (Full Body)	6,500
	90 (Full Body)	8,500
Soul of Africa Body ( <i>Conditioning Massage</i> )	90 (Full Body)	8,500
Shaman's Healing Journey	90 (Full Body)	7,500
Africology Shea Aroma therapeutics	75 (Full Body)	7,500
	90 (Full Body)	8,500
Intonga Amasatchi	75 (Full Body)	7,500
	90 (Full Body)	8,500
SAKINA Aqua Salt Stone Massage	60 (Full Body)	6,500
	90 (Body & Face)	8,500
<b>BODY RITUALS</b>		
SAKINA Scrub	45	5,000
SAKINA Sunburn Soother	60	5,500
Hyposis Body Experience Wrap	60	7,500
Hyposis Body Experience Wrap & Massage	120	12,000
Slimming Detox Body Wrap	60	7,500
Slimming Detox Body Wrap & Massage <i>(Not suitable for pregnant women)</i>	120	12,000
Coffee and Mint Body Wrap	60	7,500
Coffee and Mint Body Wrap & Massage <i>(Suitable for pregnant women &amp; clients with high blood pressure)</i>	120	12,000
<b>FACIAL EXPERIENCE</b>		
Africology Express Facial	45	5,000
Aloe Ferox Firming Facial	75	6,000
Antioxidant Rejuvenating Facial	75	6,000
African Goddess Facial	90	7,500
Africology Deep Cleanse Facial	60	6,000
<b>WAXING</b>		
Half Leg/Bikini	30	2,000
Full Back/Chest	45	4,000
Full Leg/Brazilian	45	2,500
Underarm/Eyebrow/Facial/Forearm	15	1,500
Upper Lip/Lower Lip	15	1,000
Combined Upper & Lower Lip	15	1,600
Combined Half Leg, Bikini & Underarm	75	4,500
Combined Full Leg, Bikini & Underarm	90	5,500

### SPA SERVICE OPTIONS

HAIR, SCALP & FEET	Mins	Price
Jet-lag Revival	45	4,500
De-stress and Repair Hair Treatment	30	3,500
Sakina Hand & Foot Massage	30 (Feet)	3,500
	45 (Hands & Feet)	4,000
<b>EYE ENHANCE</b>		
Eyelash Tint	15	1,000
Eyebrow Tint	15	1,000
Combined Eyebrow & Eyelash Tint	30	2,000
<b>MANICURES &amp; PEDICURES</b>		
Hydrating Spa Manicure or Pedicure	75	3,000
Salt Stone Pedicure	75	3,000
Africology Express Manicure	45	2,000
Pampering Pedicure	60	2,500
Polish Change (Nail shape & Colour)	20	1,000
Soak off - Acrylic / Gel	30	1,000
<b>CHILDREN TREATMENTS (8 Years and Below)</b>		
Honey Bee after Sun Cocoon <i>(No more sting) (Face)</i>	15	1,000
Honey Bee after Sun Cocoon <i>(No more sting) (Full Body)</i>	20	1,500
Choco Boo <i>(Hands and feet treatment)</i>	30	1,800
Coconut Cocoon <i>(Relaxing body massage)</i>	45	2,500
Fairy Stone Massage	45	3,000
<b>OPTIONAL EXTRAS</b>		
Holistic Bespoke <i>(Combination of Intonga, Hot Stone &amp; Extended Hand Massage)</i>	60	6,000
	90	8,000
Eye brow Tweezing/Threading		1,000
Barefoot Bliss <i>(Reflexology)</i>	45	5,000
Pre/Post Natal Massage <i>(Mommy Devotion)</i>	60	6,000
Shea Aromatherapy <i>(Kids from age 9-14)</i>	45	4,500
Head Massage	20	2,500

*\*Packages do not include meals*

*\*Service and prices are subject to change without notice*